Performing Authorship

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motor learning and performance from principles to application seventh edition with hkpropel access constructs a conceptual model of factors that influence motor performance outlines how motor skills are acquired and retained with practice and shows students how to apply the concepts to a variety of real world settings written in a style that is accessible even to students with little or no knowledge of physiology psychology statistical methods or other basic sciences this text enables students to appreciate high level skilled activity and understand how such incredible performances occur the seventh edition of motor learning and performance offers a new chapter that invites students to expand their thinking about the learning process by considering various theoretical explanations for how motor learning occurs this latest edition has been carefully revised to incorporate the most recent and important research findings in the field and it is supplemented with practice situations to facilitate a stronger link between research based principles and practical applications related multimedia components delivered through hkpropel further enrich the learning

experience with 12 principles to application exercises 53 interactive activities and 27 lab activities that can be filled in online and printed or emailed the 47 narratives from motor control in everyday actions that are referenced in the book have been updated and are provided in their entirety to illustrate how motor behavior is applicable to real life key term quizzes and flash cards offer students interactive opportunities to engage with the content all of which can be assigned and progress tracked by instructors directly through hkpropel in addition chapter quizzes that test comprehension of critical concepts may be assigned and are automatically graded as the text investigates the principles of human performance pedagogical aids such as learning objectives key terms and check your understanding questions help students stay on track with learning in each chapter focus on research and focus on application sidebars deliver more detailed research information and make connections to real world applications in areas such as teaching coaching and therapy photo learning activities challenge students with visual exercises and 48 figures with enlightening audio descriptions can be accessed via qr code the seventh edition of motor learning and performance goes beyond simply presenting research it challenges students to grasp the fundamental concepts of motor performance and learning and then go a step further by applying the concepts incorporating familiar scenarios brings real world context to the material for students leading to better retention and greater interest in practical application of motor performance and learning in their everyday lives and future note a code for accessing hkpropel is not included with this ebook but may be purchased separately

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this book is for all those authors who dread publishing their books whether it be in printed or electronic format or both i have published well over a hundred books to all the major printers and distributors so it came as a surprise when i recently became aware that some excellent writers are put off self publishing themselves because they find the task too confusing and difficult and so they pay others to do it for them i can understand this if an author wants to save time and so the purpose of this book is to help those who would like to do the job themselves but don t know how it is actually very satisfying to conceive the idea for a book write it and then publish it yourself all on your own and with the help of this book that is exactly what you will be able to

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